

This series of posts are my daily reports from the 3-week Intuitive Anatomy course in Theta Healing. The course is designed to train Theta Healing practitioners what beliefs are stored (and can cause problems) in different systems of the body. We then do Belief Work to clear unwanted beliefs and relieve symptoms. Come along for this fascinating voyage!

Day 1 - Meet the Microbes!

Learning how beliefs attract bacteria, virus, & fungus. Yow! Spelunking in the body beliefs (as friend Cindy calls it) is work and sometimes weird! Expecting great results which makes it worth it ;)!

Day 2 - Them Bones! - The skeletal system is your spiritual "tuning fork" and any problems there represent your issues with God. I experienced a realignment of my left hip in class session with Pam. Feels mo' better!

Day 3 - Hormones R Us! - learning about the intricacies of the endocrine system, how to support those beautiful glands, and that the body heals better with love and joy rather than fear and anger. AMEN!

□ **Day 4 - Digestive System** - is where we hold issues of safety, protection, and abuse. Who knew I was hiding being wrong in my gut? With Theta Healing, it can now get fully healthy. Yeah!

Day 5 - Breath of Life. We learned that the lungs hold sorrow & grief and the sinuses hold uncried tears. Was able to use this with a friend today who is really sick with respiratory flu. She's breathing easier after 45 minutes of uncovering the sources of her grief.

I love this work!